



# 2009 Summer Group Swim Lessons at Heron Bay

## REGISTRATION

All participants must register and pay in full for swim lessons through the Henry County YMCA program office prior to taking a lesson. All participants must have a current program membership which costs \$25 / Individual and \$35 / family with more than one child. Classes are filled on a first come basis. Each class will have an accompanied wait-list. Registration for classes and payment can be faxed, mailed or hand delivered to the YMCA. Each class will run for approximately 40-45 minutes each.

## SCHEDULE...2009 Summer Group Session Information

<u>Session</u>	<u>Session Dates</u>	<u># of Classes</u>
Session I	Tues & Thursdays June 2 - June 11 <sup>th</sup>	4
Session II	Tues & Thursdays June 16 - June 25 <sup>th</sup>	4
Session III	Tues & Thursdays June 30 - July 9 <sup>th</sup>	4
Session IV	Tues & Thursdays July 14 - July 23 <sup>rd</sup>	4

*\*note – a minimum of 4 students required for each class to run*

TIME	AGE	CLASS	LESSON FEE
8:15	9-12 yrs. old	Polliwog	\$89.00
8:15	9-12 yrs. old	Guppy	\$89.00
9:15	6-8 yrs. old	Polliwog	\$89.00
9:15	6-8 yrs. old	Guppy	\$89.00
10:15	3-5 yrs. old	Pike	\$89.00
10:15	3-5 yrs. old	Eel	\$89.00

### HENRY COUNTY YMCA

615 Spraggins Memorial Pkwy • Stockbridge GA • 30281

(770) 507-KIDS (5437) • (770) 507-7751 FAX

[hcy.ymcaatlanta.org](http://hcy.ymcaatlanta.org) (no www.)

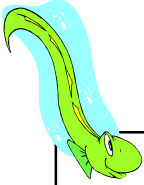


YMCA

We build strong kids,  
strong families, strong communities.



## Description of YMCA Swim Classes

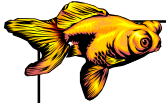


### PRE-SCHOOL (3-5 YEARS)

**PIKE...NO SKILLS REQUIRED.** Water readiness. Class will learn how to blow bubbles, put face in the water and use proper kicking technique. Independence in the water with use of swim belt.

**EEL...SKILLS REQUIRED:** Can float on back and front with assistance, can swim 5 feet without flotation, can put face into water.

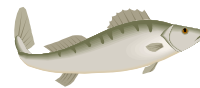
Class will learn how to bob, float on back, and swim without assistance for 15 feet. This class follows the Pike Class. If your child is closer to 5 yrs old and is not timid, this is a great starting point.



### YOUTH (6-12 YEARS)

**POLLIWOG...NO SKILLS REQUIRED.** Class will be introduced to the front crawl, front and back floating, putting face in the water and personal safety skills.

**GUPPY...SKILLS REQUIRED:** Put face in the water, float and paddle without assistance. Class will learn rotary breathing, develop front crawl stroke, sitting dives, survival float and tread water. Work on endurance breathing and stroke technique.



EACH YMCA SWIM CLASS IS DESIGNED TO INCLUDE WATER, ENVIRONMENTAL, AND PERSONAL SAFETY, PERSONAL GROWTH THROUGH CHARACTER DEVELOPMENT, STROKE DEVELOPMENT, AND WATER SPORTS/GAMES.

*If you have questions as to where to place your child, please call the YMCA Program Office at (770) 507-5437. Our staff will be happy to assist you. Please remember this time of year we are extremely busy and will return calls within 24 hours.*



# Canongate Golf Clubs & Henry County YMCA

## 2009 Summer Swim Lessons at Heron Bay

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strong families, strong communities.

PLEASE PRINT THE FOLLOWING INFORMATION:

Swimmer's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_ Gender: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (Day): \_\_\_\_\_ (Evening): \_\_\_\_\_ In Transit Cell/Pager: \_\_\_\_\_

Mother/Guardian: \_\_\_\_\_ Employer: \_\_\_\_\_

Father/Guardian: \_\_\_\_\_ Employer: \_\_\_\_\_

Emergency Contact(s): \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

Any allergies/physical health problems? \_\_\_\_\_

### Parent/Guardian Authorization

*As the parent/guardian of the swimmer, I authorize (Child's Name) \_\_\_\_\_ to attend and participate in all prescribed YMCA aquatic activities. I give permission to the instructor and any other program staff to administer first aid, and in the event of an emergency; to secure a physician for any medical treatment needed for my child. I understand that a conscious effort will be made to locate me or my spouse before any action is taken. If we cannot be reached and major medical or surgical treatment is necessary, the physician in charge has my permission to determine the method of treatment. I understand and accept that this expense will be my responsibility. I will be present at swim lessons or will have a guardian that I appoint to be with my swimmer. I also understand that it is my responsibility to carry primary accident insurance. I give my permission that any photos or videos taken can be used by the YMCA for promotional purposes only. I also release Canongate Golf Clubs and The Metro Atlanta YMCA from any and all responsibility for accident or injury to my child.*

Signature of Parent/Guardian \_\_\_\_\_ Date: \_\_\_\_\_

Class: \_\_\_\_\_ Pool location: \_\_\_\_\_ Session: \_\_\_\_\_

**TIMES:** Classes are held Monday thru Thursday for two weeks. Skipper class (age 3-5) is 35 minutes and the Progressive classes (ages 6-12) are 45 minutes.

**LOCATION:** Classes are held at either Flat Creek, Braelinn or Planterra Golf clubs .

**FEES:** Swim lessons are \$89.00 per student per session.

Fee: \$89 x \_\_\_\_\_ (# of sessions) \$ \_\_\_\_\_

**TOTAL:** \$ \_\_\_\_\_

### Credit Card Authorization

I authorize the YMCA to charge my credit card in the amount of \$ \_\_\_\_\_

Mastercard Visa AMEX (circle type of card)

Card # \_\_\_\_\_ 3 digit code \_\_\_\_\_

Expiration date \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_